

Assessment

The assessment process is consists of:

1. SUPERVISORS REPORT
2. MENTOR STUDY GUIDE
3. CERTIFICATION ASSESMENT

While completing the practicing module (module 3), you are required to attend monthly supervision with a Western Mindfulness Supervisor to discuss your case study sessions, and to review your progress toward your certification.

Your supervisor will be using the supervision sessions to identify your ability to mentor clients through the PTM process, and will provide a Supervisors Report on your competency.

The second part of certification requires you to upload sections from your Mentor Study Guide, from the studying module (module 4), to be reviewed and graded.

The third and final part of the assessment process is an open book test (completed online), establishing your understanding of key points discussed in the e-learning module (module 2).

You will have up to 12 months from the date you finish the e-learning module (module 2) to complete all three parts of the assessment.

